# **Opioid Epidemic in Pierce County**

Oral Health Symposium Sebrena Chambers, Director Strengthening Families Division Feb. 9, 2018



# Agenda

- Why should we care?
- What are the facts?
- What does the data say?
- What is public health doing?
- What is Pierce County doing?
- What can you do?







#### What are the facts?

- Drug overdose is leading cause of accidental deaths nationally, with 52,404 in 2015.
- Opioid addiction drives the epidemic:
  - 20,101 prescription pain reliever deaths.
  - 12,990 heroin deaths.
- State: 700 opioid related overdose deaths in 2016, similar to 2014 and 2015.
- Pierce County: From 2004 to 2014, 704 opioid-related deaths.

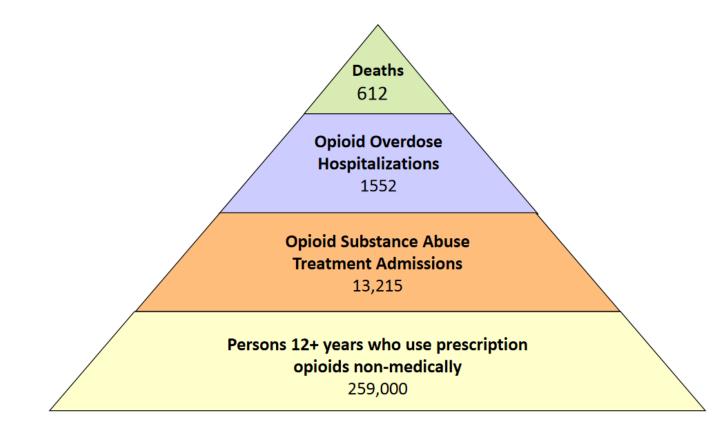


### **Opioid overdose death rates by county residence,** 2012-2016

County	Number of Deaths	Rate per 100,000 population
Clallam	54	16.5
Snohomish	488	12.4
Pierce	423	9.9
King	995	9
Kitsap	104	7.8
Thurston	106	7.7
WA State	3,467	9.6



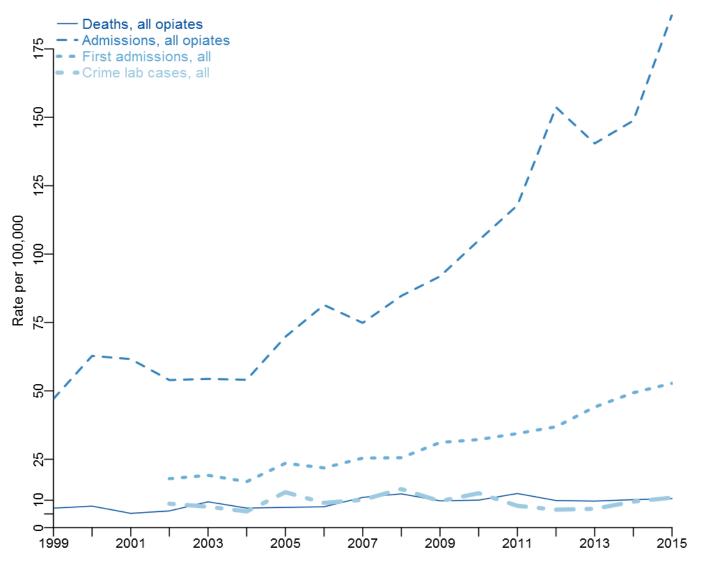
## **Opioid-related disease burden in Washington**



- 1. Opioids involved in an <u>unintentional</u> overdose death listed as underlying cause of death. Washington State death certificate data, 2014.
- 2. Washington Hospital Discharge Data, Comprehensive Hospitalization Abstract Reporting System (CHARS) and Oregon State Hospital Discharge Data , 2014.
- 3. Treatment and Assessment Report Generation Tool, 2014
- 4. National Survey on Drug Use and Health, 2013-2014

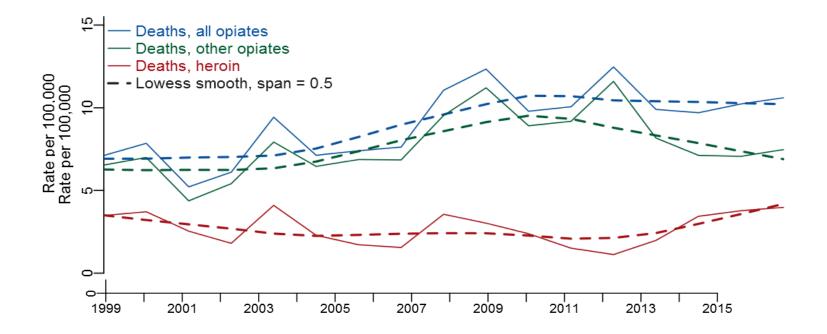


#### **Pierce County opioid data trends**

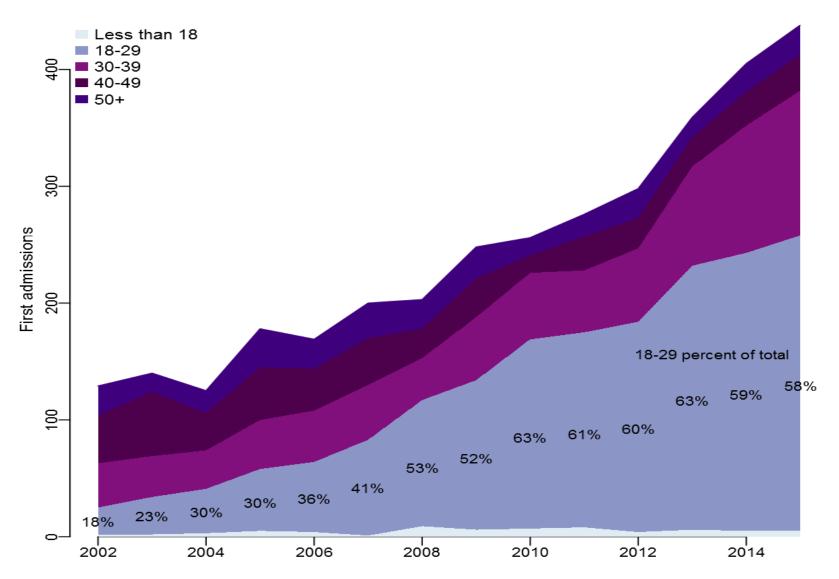


Pierce County opioid death, treatment admission, and crime lab case rates.

#### **Prescription-type opiods and heroin death** *Police evidence trends*



#### First time treatment admissions



## 2016 Healthy Youth Survey:

Lifetime use of heroin or painkillers "to get high"

- 96% of Pierce County 10<sup>th</sup> graders report using neither.
- 4% report current painkiller only.
- 3.5% have tried heroin.
- 1 in 3 students who report painkiller use in past month report having ever used heroin.
- In 2014 it was 1 in 5 students reporting painkiller use.

#### What is Public Health doing?

- Reduction of infectious disease.
  - Needle exchange.
  - HIV/Hepatitis C testing.
- Getting people in treatment.
  - Methadone Treatment Program.
- Medication disposal system.
  - Safe and convenient disposal of unused drugs.
- Education & Prevention.
  - Youth tobacco, e-cigarette, alcohol and marijuana.
  - Infectious disease trends and surveillance.
  - Support Naloxone distribution.

#### What is Pierce County doing?

• Supporting Washington State Interagency Opioid Plan.



#### What is Pierce County doing?

Pierce County Accountable Community of Health (PCACH).

- PCACH one of nine Accountable Communities of Health (ACH) in Washington.
  - Efforts to improve health care, lower costs and align payments systems to support patient-centered practices.
  - Leverage local resources and partnerships.
- Four projects:
  - Bi-Directional Integration.
  - Community-based Care Coordination.
  - Chronic Disease Prevention and Control.
  - Addressing the Opioid Use Crisis.

#### What is Pierce County doing?

Pierce County Opioid Task Force Efforts.

- County and City officials take lead in local efforts.
  - Set tone in local conversation on opioids.
  - Foster regional cooperation.
  - Educate and advocate to state and federal partners.
  - Convene community leadership.
- 2018 Pierce County Opioid Summit—Feb. 2, 2018

#### What can you do.

- Decrease Stigma.
- If you or some one you know needs treatment Get Treatment.
- Advocate for local and state policies and resources to support education and treatment.
- Safely dispose unused drugs.
- Lock up your prescription pain medications.
- Stay informed-www.tpchd.org & www.stopoverdose.org



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